

Meditation: Why Bother?

An Evening with American Zen Master Jun Po Denis Kelly

Thursday, April 1, 2010

Immanuel United Church of Christ, 118 Oak Street, Neenah

Doors open at 6:00 p.m. Jun Po's talk to begin at 6:30 p.m. and end at 8:00 p.m.



Jun Po, founder and abbot of the Hollow Bones Rinzai Zen Order, invites you to spend an evening in contemplation of the Dharma.

Have you ever wondered about meditation or Zen? Here's a chance to meet an American Zen Master and hear from a recognized teacher of the way.

Jun Po is the Dharma heir of Eido T. Shimano, Abbot of Dai Bosatsu Monastery in New York, where he trained. As a recognized Zen Master and Lineage Holder in the Rinzai Zen tradition, Jun Po established the Hollow Bones Lay Order. The Hollow Bones Order is devoted to realizing an American expression of traditional Zen understanding.

If you are interested in this practice, please visit the Zen River Sangha meditation group:

- **Thursday evenings at Immanuel United Church of Christ, Neenah**
- **Saturday mornings at Fox Valley Unitarian Universalist Fellowship, Appleton**
- **Tuesday evenings at First Congregational Church, Oshkosh**

Weekly Zen service begins at 6:30, followed by two sitting periods and a Dharma talk, ending at 8:30. For more information, visit www.zenriver.org or contact Reishin Denise Leong at reishin@zenriver.org.